

Equipped to serve



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FRIENDS INTO SERVING HIM® Work on an Empty Stomach

Turn on the news lately and you are bombarded with reports about natural disasters and people in need. Also on the news frequently are reports about young people causing trouble. The Our Saviour Lutheran Church and Friends Into Serving Him® group set out to prove that not all young people are out to cause trouble and that they are very aware of some of the devastating situations occurring around the world.

On February 27-28 this group of 10 young ladies partnered with the student councils of Our Saviour Lutheran School to participate in World Vision's 30 Hour Famine. They spent the 30 hours fasting to raise funds for those who are in need of food across the world. During their Famine they participated in Bible studies, went sledding, and spent 4 hours working at the World Vision Warehouse in the Bronx, NY. A third year famine fundraiser participant says she has participated for so many years because the fasting helps her "empathize with those who experience hunger and unsafe drinking water on a daily basis."

This year the Friends Into Serving Him® group raised \$1670 during their Famine. At the end of the Famine the students were tired and hungry, but satisfied with the way the weekend had gone. The women and men of Our Saviour Lutheran Church held a potluck to help the students break their fasting and celebrate the accomplishments of these wonderful young ladies.



If you have a story you would like to share, please see the Teen Light Article Guidelines available on the Teen Leader Resource Page.